

# Wayne

Township Public Schools

Suzanne Koransky, R.N., M.A.  
Supervisor of Health Services  
50 Nellis Drive  
Wayne, NJ 07470

skoransky@wayneschools.com  
Phone: (973) 317-2198  
Fax: (973) 396-8365

Dear Parent/Guardian:

The State Department of Education has mandated that all schools in New Jersey have a program of Comprehensive Health Education which includes Family Life and Disease Prevention in their curriculum of instruction.

The Wayne Board of Education has a program of Health Education for grades Kindergarten through 12.

Attached for your information is a copy of the outline of the elementary curriculum K-5 that will be taught during your son's or daughter's Health course. If you wish to have your child excluded for a particular phase of the course, kindly contact the school nurse.

If you have a question or would require additional information, please feel free to contact your son's or daughter's school nurse or my office at the above phone number.

Sincerely,



Suzanne Koransky, R.N., M.A.  
Supervisor of Health Services



Donna Reichman  
Director of Elementary Schools

**Outline of Health Education  
Presented by Certified School Nurse/Teacher/School Counselor  
Grades K through 5**

**KINDERGARTEN**

First Aid and Safety/Rules  
Social Health/Family/Friends  
Nutrition/Types of Food  
Growth and Development  
Drug Awareness  
Disease Prevention

**GRADE 1**

Social Health/Communication Skills  
Nutrition/Food Pyramid  
Physical/Emotional/Social Growth & Development  
Definition of Kinds of Drugs  
Safety Precautions  
Consumer and Community Health

**GRADE 2**

Family Life Changes  
Nutrition/Healthy Food Choices  
Physical Growth and Development  
Drug Concepts/Actions on Body  
Disease Prevention/Immune System  
First Aid and Safety/Hazards

**GRADE 3**

Nutrition/Wellness  
The Student as a Unique Individual/Human Relationships  
Substance Abuse/Nicotine  
Communicable and Non Communicable Disease  
First Aid and Safety/Self-Protection

**GRADE 4**

Nutrition/Disease Prevention  
Growth and Development/Body Systems  
Substance Abuse/Definitions/Signs 7 Symptoms  
Disease Prevention/Germs  
First Aid & Safety/Emergency Situations  
Heimlich Maneuver  
Personal Health/Healthy Decisions  
Human Relationships/Sexuality

**GRADE 5**

Human Relationships/Sexuality  
Disease Prevention  
- communicable vs. non-communicable  
- HIV/AIDS  
Scoliosis  
Substance Abuse/D.A.R.E. Program  
Nutrition/Healthy Decisions